

THE OCD FOUNDATION OF MICHIGAN

Join us for our

Spring Program

Guest Speaker:

*Terrence Daryl Shulman, JD, LMSW **

*“Compulsive Stealing and Spending and
Their Relationship to OCD”*

It's well-accepted that addictive behaviors mimic obsessive-compulsive disorder. It's also well-accepted that many OCD sufferers also suffer from addictions. Recently, there's been growing acceptance of certain behaviors as legitimate addictions: compulsive stealing and compulsive buying/shopping/spending are among these. And, as with hoarding disorder, people who suffer from compulsive stealing or spending often become fixated on accumulating or holding onto things (or money) and tend to have marked control and perfectionistic traits as well. Come learn about these prevalent and growing disorders (what causes them and how to treat them) from one of the few experts in the field. (See reverse for full description)

WHERE: Botsford Hospital, 28050 Grand River, (north of 8 Mile)
Farmington Hills, MI
Administration & Education Center, Classroom A/B.

WHEN: Saturday, April 18, 2015 at 1:00 p.m.

RSVP: Call 734-466-3105 or e-mail OCDmich@aol.com

* Terrence Daryl Shulman is a metro-Detroit area attorney, social worker, addictions therapist and author. He is the Founder/Director of The Shulman Center for Compulsive Theft, Spending and Hoarding and founded the recovery support group C.A.S.A. (Cleptomaniacs And Shoplifters Anonymous) in 1992.

Compulsive Stealing and Spending and Their Relationship to OCD

Presented by

Terrence Daryl Shulman, JD, LMSW

Founder/Director of The Shulman Center for Compulsive Theft, Spending and Hoarding

It's well-accepted that addictive behaviors mimic obsessive-compulsive disorder: they both involve cravings, preoccupations of thought, rituals, short-term relief, and negative consequences which interfere with and diminish one's life. It's also well-accepted that many OCD sufferers also suffer from addictions. Recently, there's been growing acceptance of certain behaviors as legitimate addictions: compulsive stealing (especially shoplifting and employee theft) and compulsive buying/shopping/spending are among these. And, as with hoarding disorder, people who suffer from compulsive stealing or spending often become fixated on accumulating or holding onto things (or money) and tend to have marked control and perfectionistic traits as well.

Research estimates that about 10% of Americans shoplift with regularity and most are not plain thieves! Employee theft is even more widespread: it's estimated that about 75% of Americans engage in dishonesty in the workplace and that most do so repeatedly. Statistics reveal that approximately 10% of Americans suffer from compulsive buying disorder.

Come learn about these prevalent and growing disorders (what causes them and how to treat them) from one of the few experts in the field. Terrence Daryl Shulman is a metro-Detroit area attorney, social worker, addictions therapist and author. He is the Founder/Director of The Shulman Center for Compulsive Theft, Spending and Hoarding and founded the recovery support group C.A.S.A. (Cleptomaniacs And Shoplifters Anonymous) in 1992. He has been in recovery from compulsive stealing since 1990. He is the author of four addiction-recovery books: "Something for Nothing: Shoplifting Addiction and Recovery," "Biting The Hand That Feeds: The Employee Theft Epidemic," "Bought Out and \$pent! Recovery from Compulsive \$hopping and \$pending," and "Cluttered Lives, Empty Souls: Compulsive Stealing, Spending and Hoarding." Mr. Shulman has organized and presented at numerous local and national seminars and conferences and has appeared extensively in the media, including on The Oprah Winfrey Show.

[See www.theshulmancenter.com](http://www.theshulmancenter.com)